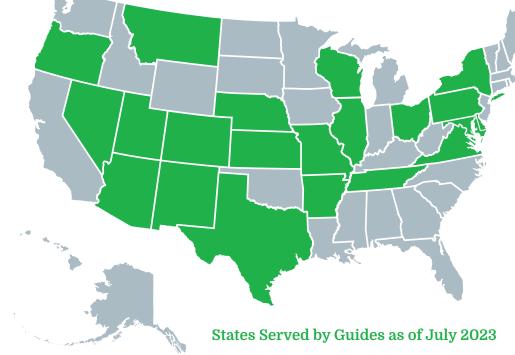
# **HEALM GUIDES ARE AVAILABLE**

### WE HAVE TRAINED PROFESSIONALS READY TO SUPPORT YOUR **DIABETES PREVENTION STRATEGY AT NO COST TO YOU.**

When you sign up for Healm, you'll be connected to a trained Guide. You'll receive support and expertise to help you make decisions about how to cover the National Diabetes Prevention Program (National DPP) lifestyle change program.

Most of our Guides are diabetes staff in state health departments who work with local business coalitions on health or chambers of commerce. They've been working in your state and communities to reduce type 2 diabetes in the workforce and make connections with partners like you.

## Healm Guides provide the knowledge to help you adopt the National DPP lifestyle change program as a covered benefit for your employees.



## **HEALM GUIDES WILL:**

- Monitor your progress and connect you to state and local resources, as needed.
  - Anticipate times you may need additional help and proactively reach out to you.
- Answer support tickets that you submit to the Healm platform.

diabetes prevention for your workforce

#### **NO GUIDE IN YOUR STATE YET? NO PROBLEM!**

We'll connect you to a national expert to help answer your questions. Visit HealmAtWork.org/Learn-More for more information.



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